

Date : March 23, 2024 Time: 9:00AM (Registration opens at 7AM!)

Registration: You are encouraged to register prior to the day of the race with the form below or at https://register.chronotrack.com/r/78327. Race-day registration and packet pick-up is available at 7:00AM the day of the race but stopping by Friday at <u>Terra Running Company</u> is preferable. **Course**: The 5K (3.1 mile) race will begin and end in the heart of the campus of Lee University. The course winds through the Cleveland Historic District and Main Street Cleveland. This is a certified 5K course (TN 06041 DJR) thanks to the efforts of Mr. David Presley.

<u>Cost</u>: The cost of the race is \$20. This is not a typo! Please make checks payable to <u>Lee</u> <u>**University**</u>. (Cost of the fun run is \$5.)

Goodies: All entrants will receive something of value. That's right, and only \$20. Awards are given for 1st, 2nd, and 3rd place male & female runners in each of the following divisions: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and over. The awards ceremony will begin at 9:45AM.

Other: For complete information on all the morning's events please visit www.leeuniversity.edu/cf . Please send all other questions to Bill Estes, 423.614.8192, bestes@leeuniversity.edu/cf . Please send all other questions to Bill Estes, 423.614.8192, bestes@leeuniversity.edu/cf . Please send all other questions to Bill Estes, 423.614.8192, bestes@leeuniversity.edu/cf . Please send all other questions to Bill Estes, 423.614.8192, bestes@leeuniversity.edu

Please return to CF Great Strides Road Race forms to:

65 Roses Road Race c/o Dr. Bill Estes EB227, Lee University, Cleveland, TN 37320-3450

2024 Great Strides Road Race				
Name		Gender	Age on race day	
Address				
City	State	Zip Code	T-Shirt Size	CYSTIC FIBROSIS FOUNDATION ADDING TOMORROWS
Check All That Apply: 5K R	ace (\$20)	1 Mile Fun Run (\$5)		
Donation to the CF Foundat	ion \$			PROUD SUPPORTER
Total Enclosed \$				www.cff.org

RELEASE AND WAIVER OF LEGAL RIGHTS

In consideration for your acceptance of this entry, I the below signed, intending to be legally bound for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the Great Strides Road Race, Lee University, the city of Cleveland, Tennessee, or any other groups or individuals associated with the Great Strides Road Race for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. If entrant is under 18 years of age, parent or guardian must sign entry.

